

South Coast Championship Good Practice Checklist

This season has been a bit different from other seasons and the championship organising committees has worked very hard to get this regatta underway.
Please continue to maintain good practices, both individually and as a club.

In order to help, we have produced the good regatta practice checklist.



Bring your own hand sanitiser / mask



Bring your own water bottle / flask and refill it, save using single use plastic and creating waste



Take a lateral flow test the night before travelling to a regatta - help keep your fellow club members safe



Each club to pick up and dispose of their own litter at the end of the regatta. Bin bags will be provided



If you need to speak to regatta control or an official, please keep at a safe distance until they are free. Please abide by the stipulated number of people in a tent/gazebo.



Please respect any one-way systems which may have been put into place by local authorities



If you require First Aid during the regatta, you may need to wear a mask whilst being treated



If you have symptoms on the morning of a regatta, please do not travel but follow guidelines. If you develop symptoms after a regatta, self-isolate, inform your club and the regatta organiser and get tested

Stay Safe.

Protect yourself.

Protect your teammates.

Enjoy the racing.

